

<b>Year 2 PSHE Overview</b>		
<b>Autumn Term 1</b>	<b>Spring Term 1 &amp; Spring Term 2</b>	<b>Summer Term 1</b>
Theme: Physical health and wellbeing Focus: What keeps me healthy?	Theme: Relationship and Sex education Focus: Boys and girls, families	Theme: Mental health and emotional wellbeing Focus: Friendship
Children learn about: <ul style="list-style-type: none"> <li>Eating well.</li> <li>The importance of physical activity, sleep and rest.</li> <li>People who help us to stay healthy and well and about basic health and hygiene routines.</li> </ul>	Children learn about: <ul style="list-style-type: none"> <li>How to understand and respect the differences and similarities between people.</li> <li>The biological differences between male and female animals and their role in the life cycle.</li> <li>The biological different between male and female children.</li> <li>Growing from young to old and that they are growing and changing.</li> <li>Everybody needs to be cared for and ways in which they care for others.</li> <li>Different types of family and how their home-life is special.</li> </ul> 	Children learn about: <ul style="list-style-type: none"> <li>The importance of special people in their lives.</li> <li>Making friends and who can help with friendships.</li> <li>Solving problems that might arise with friendships.</li> </ul>
<b>Autumn Term 2</b>		<b>Summer Term 2</b>
Theme: Keeping safe and managing risks Focus: Indoors and outdoors		Theme: Drug, alcohol and tobacco education Focus: Medicines and me
Children learn about: <ul style="list-style-type: none"> <li>Keeping safe in the home, including fire safety.</li> <li>Keeping safe outside.</li> <li>Road safety.</li> </ul>	Children learn about: <ul style="list-style-type: none"> <li>Why medicines are taken.</li> <li>Where medicines come from.</li> <li>Keeping themselves safe around medicines.</li> </ul> <b>Asthma lesson</b> <ul style="list-style-type: none"> <li>Medicines can be used to manage and treat medical conditions such as asthma, and that it is important to follow instructions for their use.</li> </ul> 	
<b>Year 2 Key Vocabulary:</b> Health, healthy, wellbeing, likes, dislikes, choice, achievements, strengths, weakness, goals, feelings, change, loss, hygiene, germs, medicines, safe, safety, privacy, respect, empathy, fair, unfair, right, wrong, opinion, cooperating, special, acceptable, unacceptable, contact, rights, responsibilities, environment, individual, unique, community, similarities, differences, similar, different, sex, gender, stereotypes, boy, girl, male, female, penis, vagina.		

Please note: The red flag symbol demarcates themes directly related to safeguarding pupils. 