

**EYFS PSHE Overview**

**Autumn Term**

<b>Theme: Making Relationships</b>	<b>Theme: Self-Confidence and Self-Awareness</b>	<b>Theme: Managing Feelings and Behaviour</b>
<p>Children will learn how to:</p> <ul style="list-style-type: none"> <li>• Play in a group, extending and elaborating play ideas.</li> <li>• Initiate play, offering cues to peers to join them.</li> <li>• Keep play going by responding to what others are saying or doing.</li> <li>• Demonstrate friendly behaviour, initiate conversations and form good relationships with peers and familiar adults.</li> </ul>	<p>Children will learn how to:</p> <ul style="list-style-type: none"> <li>• Select and use activities and resources with help.</li> <li>• Welcome and value praise for what they have done.</li> <li>• Enjoy the responsibility of carrying out small tasks.</li> <li>• Be more outgoing towards unfamiliar people and more confident in new social situations.</li> <li>• Be confident to talk to other children when playing, and will communicate freely about own home and community.</li> <li>• Show confidence in asking adults for help.</li> </ul>	<p>Children will learn how to:</p> <ul style="list-style-type: none"> <li>• Be aware of their own feelings, and know that some actions and words can hurt others' feelings.</li> <li>• Begin to accept the needs of others.</li> <li>• Take turns and share resources, sometimes with support from others.</li> <li>• Tolerate a delay when needs are not immediately met, and understand wishes may not always be met.</li> <li>• Adapt behaviour to different events and changes in routine.</li> </ul>

**Spring Term**

<b>Theme: Making Relationships</b>	<b>Theme: Self-Confidence and Self-Awareness</b>	<b>Theme: Managing Feelings and Behaviour</b>
<p>Children will learn how to:</p> <ul style="list-style-type: none"> <li>• Initiate conversations, attend to and take account of what others say.</li> <li>• Explain their own knowledge and understanding, and ask appropriate questions of others.</li> <li>• Take steps to resolve conflicts with other children e.g. finding a compromise.</li> </ul>	<p>Children will learn how to:</p> <ul style="list-style-type: none"> <li>• Be confident to speak to others about own needs, wants, interests and opinions.</li> <li>• Describe themselves in positive terms and talk about abilities.</li> </ul>	<p>Children will learn how to:</p> <ul style="list-style-type: none"> <li>• Understand that their own actions affect other people.</li> <li>• Show awareness of the boundaries set and of behavioural expectations in the setting.</li> <li>• Begin to be able to negotiate and solve problems without aggression.</li> </ul>

**Summer Term**

<b>Theme: Making Relationships</b>	<b>Theme: Self-Confidence and Self-Awareness</b>	<b>Theme: Managing Feelings and Behaviour</b>
<p>Children will learn how to:</p> <ul style="list-style-type: none"> <li>• Play co-operatively taking turns with others.</li> <li>• Take account of one another's ideas about how to organise their activities.</li> <li>• Show sensitivity to other's needs and feelings.</li> <li>• Form positive relationships with adults and other children.</li> </ul>	<p>Children will learn how to:</p> <ul style="list-style-type: none"> <li>• Show confidence in trying new activities.</li> <li>• Say why they like some activities more than others.</li> <li>• Be confident to speak in a familiar group.</li> <li>• Talk about their ideas.</li> <li>• Choose the resources they need for their chosen activities.</li> <li>• Say when they do or don't need help.</li> </ul>	<p>Children will learn how to:</p> <ul style="list-style-type: none"> <li>• Talk about how they and others show a variety of feelings.</li> <li>• Talk about their own and others' behaviour and its consequences, and know that some behaviour is unacceptable.</li> <li>• Work as part of a group or class and understand and follow the rules.</li> <li>• Adjust their behaviour to different situations and take changes of routine in their stride.</li> </ul>

**EYFS Key Vocabulary:**

Friends, friendly, friendship, unfriendly, kind, unkind, sharing, healthy, relationship, needs, opinion, choice, good, improve, enjoy, feelings, happy, sad, angry, excited, embarrassed, tired, nervous, worried, upset, proud, confused, scared, disappointed, hurt, change, grow, behaviour, rules, old, young, similar, different.